



Ganesh Himal Trek

A legendary adventure to the foot of the world's highest peak.

● Trekking at a Glance

DURATION**12 Days****MAX ALTITUDE****3,890m****BEST TIME****Mar-May & Sept-Nov****ACCOMMODATION****Hotel, Camping**

THE OVERVIEW

Ganesh Himal Region is situated in central Nepal, northwest of Kathmandu Valley. Ganesh Himal Trek offer beautiful Himalayan views of Ganesh Himal, Langtang Region and Annapurna Region. The impressive display of Berberis, primula, orchids and a variety of Ferns. The Valleys set ablaze by yellow blossoms of double Jasmine. The forest dense with Spanish oak, blue pine, and in Springtime blossoming of rhododendron set whole forest alight in spectacular arrays of color. Ganesh Himal Trek Route passes through quite Tamang Villages, hot spas, gorges and Glaciers and reaches Sang Jung Kharak and Khola Kharak to view Ganesh Himal V, Ganesh...

01

Arrival at Kathmandu

Upon arrival at Tribhuvan International Airport in Kathmandu, you will be welcomed by our representative. Afterward, you will be transferred to your hotel for an overnight stay. You can rest after your flight and prepare for the trek ahead. In the evening, there will be a briefing about the trek followed by a welcome dinner.

ALT: 1,400m MEAL: B, D

02

Drive from Kathmandu to Machakhola

After breakfast, you will embark on a scenic drive from Kathmandu to Machakhola. The drive offers beautiful views of the surrounding hills and valleys. Upon arrival in Machakhola, you'll set up camp for the night. This is the starting point for your trekking adventure.

ALT: 869m MEAL: B, L, D

03

Trek from Machakhola to Kashigaon

Begin your trek today, following the river as you ascend to Kashigaon. The trek passes through picturesque villages and lush forests, giving you a glimpse of local life and the beauty of the region. Arrive in Kashigaon and settle into your camp for the night.

ALT: 1,877m HIKE: 6-7 hours MEAL: B, L, D

04

Trek from Kashigaon to Mauban Kharka

Continue trekking through the forest, reaching Mauban Kharka. The trail offers more beautiful views of the surrounding hills and villages. Arriving at Mauban Kharka, you will set up camp and rest for the night, enjoying the fresh mountain air.

ALT: 2,750m HIKE: 5-6 hours MEAL: B, L, D

05

Trek from Mauban Kharka to Lapagaon

Today's trek will take you to Lapagaon, passing through forests and enjoying the spectacular views of the surrounding peaks. Upon arrival, relax and enjoy the tranquility of the area, with a well-deserved overnight stay in your campsite.

ALT: 1,850m HIKE: 6-7 hours MEAL: B, L, D

06

Trek from Lapagaon to Sertung

The trek today will bring you to Sertung, passing through a variety of landscapes, including forests, rivers, and local villages. Sertung offers amazing views and is a great spot for relaxing and taking in the surrounding beauty.

ALT: 1,920m HIKE: 5-6 hours MEAL: B, L, D

07

Trek from Sertung to Miregang Kharka

As you trek from Sertung to Miregang Kharka, you will continue to enjoy the stunning natural beauty of the region. Miregang Kharka offers great views of the Ganesh Himal range and is a peaceful spot to relax after a long day of trekking.

ALT: 2,256m HIKE: 5-6 hours MEAL: B, L, D

08**Trek from Miregang Kharka to Samadang, crossing Pang Sang La Pass**

This is a challenging day as you cross the Pang Sang La Pass (3,890m). Once at the top, you will be rewarded with stunning views of the surrounding mountains, including Ganesh Himal. After crossing the pass, descend to Samadang, where you will set up camp for the night.

ALT: 3,890m HIKE: 6-7 hours MEAL: B, L, D

09**Trek from Samadang to Gatling**

The trek continues as you descend to Gatling, a peaceful village in the region. Along the way, you will enjoy the beauty of the landscape and the quiet serenity of the area. Once in Gatling, settle into your camp for the night.

ALT: 2,228m HIKE: 5-6 hours MEAL: B, L, D

10**Trek from Gatling to Shyaphru**

Today's trek takes you to Shyaphru, a beautiful village with stunning views of the surrounding mountains. After a relaxing trek, you will spend the night in a local lodge and enjoy the peaceful atmosphere of the area.

ALT: 1,476m HIKE: 5-6 hours MEAL: B, L, D

11**Drive from Shyaphru to Kathmandu**

After breakfast, embark on a scenic drive back to Kathmandu. The drive takes around 6-7 hours and offers beautiful views along the way. Upon arrival in Kathmandu, check in to your hotel and enjoy the evening at leisure.

ALT: 1,400m MEAL: B, L

12**Departure from Kathmandu**

Depending on your flight time, you will be transferred to Tribhuvan International Airport for your flight back home. Bid farewell to Nepal, carrying with you the unforgettable memories of the Ganesh Himal Trek.

ALT: 1,400m MEAL: Breakfast

END OF SERVICES

- What's Included

- Accommodation: Three standard hotels on a twin-sharing basis
- Local guide & Support staff
- Meals during the trek: Breakfast, Lunch, Dinner, and tea or coffee each day
- Small Adventure Equipment
- Porter service: 1 porter for every 2 trekkers
- Langtang Trekking permits (ACAP - TIMS)
- First aid box
- All government and local taxes
- Pickup and drop from the airport and hotel via private vehicle
- Farewell group dinner
- Guide and porter insurance fee

- What's Not Included

- International Airfare
- Nepalese Visa fee
- Travel and Rescue insurance
- Personal expenses: phone calls, laundry, bar bills, battery recharge, extra
- Lunch and dinner in Kathmandu
- Tips for guide, porter, and driver

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

- 9841123705
- info@mountaineagleadventure.com

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