



Mustang Trek

A legendary adventure to the foot of the world's highest peak.

● Trekking at a Glance

DURATION

16 Days

MAX ALTITUDE

3,810m

BEST TIME

May & Sept - Nov

ACCOMMODATION

Hotel / Tea House

THE OVERVIEW

Mustang Trek has a usual altitude of 13,000 ft. and is located to the north of the giants Dhaulagiri and Annapurna Range and is so north of the main Himalayan series and physically is part of the tourist desirability of Tibet. It is a huge, elevated gorge, arid and dry characterizes by battered canyons, dazzling stratified rock configurations and has barren, deserts like manifestation. Upper Mustang Trek knowing the particular nature of this old, tiny kingdom, the Nepalese have compulsory a supplement for anybody desiring to trek past Kagbeni, the border of Upper Mustang. With legal trekking groups only being allowable...

01

Arrival to Kathmandu

Arrive in Kathmandu, the bustling capital of Nepal. After landing, you will be transferred to your hotel, where you can relax and prepare for your trekking adventure ahead. You can explore the local sights or rest before your journey begins.

ALT: 1,440m MEAL: Dinner

02

Jeep Drive to Pokhara

After breakfast, begin your scenic drive from Kathmandu to Pokhara. Upon arrival, check into your hotel and enjoy the tranquil atmosphere of the lakeside city. Explore the local area or relax by the Phewa Lake.

ALT: 827m MEAL: B, L, D

03

20 mins Flight to Jomsom / Drive to Chusang

Catch a 20-minute flight to Jomsom, a gateway to the Mustang region. From Jomsom, drive to Chusang, where you'll settle in for the night at a local lodge. This day marks the start of your trekking journey.

ALT: 3,100m MEAL: B, L, D

04

Trek Chhusang to Samar

Today, begin your trek from Chusang to Samar, walking through arid terrain and scenic villages. The beautiful landscapes and clear skies provide a unique trekking experience.

ALT: 3,600m HIKE: 5-6 hours MEAL: B, L, D

05

Trek Samar to Chungst Cave - Syangboche (3800m), Gelling (3570m)

Trek from Samar to Gelling, passing through interesting caves and high-altitude settlements. The trek offers picturesque views of the rugged landscape and cultural experiences in remote villages.

ALT: 3,570m HIKE: 5-6 hours MEAL: B, L, D

06

Trek Gelling to Nyila Pass (4000m), Dhakmar (3820m)

Continue trekking towards the Nyila Pass and then descend to Dhakmar. The trail offers amazing views of the barren and arid terrain, and you'll see unique rock formations along the way.

ALT: 3,820m HIKE: 6-7 hours MEAL: B, L, D

07

Trek Dhakmar to Muila Pass (4100m), Ghar Gompa (3765m), Marang La Pass (4230m), Chogo Pass (4320m), Lomanthang (3840m)

This is one of the most challenging days, as you cross several high passes, including Muila Pass and Marang La Pass. The journey culminates in Lo Manthang, a historically rich walled city.

ALT: 3,840m HIKE: 7-8 hours MEAL: B, L, D

08

Lomanthang Rest Day & Discovery

Spend a day in Lo Manthang to explore its unique culture, monasteries, and historical sites. Visit ancient caves, interact with locals, and experience life in this remote kingdom.

ALT: 3,840m MEAL: B, L, D

09

Trek to Jhong - Nyiphu - Chooser - Lomanthang

Trek through villages like Jhong, Nyiphu, and Chooser, where you'll learn more about the local way of life. The landscapes here are surreal and offer a peaceful retreat.

ALT: 3,840m HIKE: 5-6 hours MEAL: B, L, D

10

Trek Lomanthang to Dhi Yara

Today's trek leads you to Dhi Yara, a small village with stunning views of the surrounding mountains. It's a quieter day to enjoy the landscape and relax.

ALT: 3,640m HIKE: 5-6 hours MEAL: B, L, D

11

Trek Yara to Luri Cave

Trek from Yara to Luri Cave, a significant historical and spiritual site. This area is known for its sacred cave and ancient paintings.

ALT: 3,500m HIKE: 6-7 hours MEAL: B, L, D

12

Trek Yara to Serteng Pass (3945m), Tangee (3420m)

Today's trek takes you over Serteng Pass with impressive views of the surrounding desert-like terrain. Continue to Tangee, where you'll overnight in a local lodge.

ALT: 3,420m HIKE: 6-7 hours MEAL: B, L, D

13

Tangee Drive to Jomsom

Drive from Tangee to Jomsom, a bustling town known for its apple orchards and scenic landscapes. Accommodation: Lodge

ALT: 2,720m MEAL: B, L

14

Drive from Jomsom to Pokhara

Take a scenic drive back to Pokhara, where you can relax and explore the town.

ALT: 827m MEAL: Breakfast

15

Drive from Pokhara to Kathmandu

Travel back to Kathmandu from Pokhara. Enjoy the scenic views during the drive and prepare for your last night in Nepal.

ALT: 1,400m MEAL: Breakfast

16

Departure from Kathmandu

After breakfast, you will be transferred to the airport for your flight back home.

ALT: 1,400m MEAL: Breakfast

END OF SERVICES

- What's Included

- All Airport Arrival – Departures. Transfers
- Hotel Accommodations in Kathmandu with Breakfast (twin sharing)
- Teahouse / Lodge Accommodations During Trek (twin sharing) as per schedule
- Meals During trek – Breakfast / Lunch / Dinner / Tea or Coffee per day
- Kathmandu – Pokhara – Pokhara – Kathmandu Transportation
- Porters to carry your personal luggage (2 trekkers equal 1 porter)
- Guide and Porter insurance fee
- Annapurna Conservation Park Entrance Fee
- Mustang Entry Permits
- Farewell Group Dinner
- Kathmandu Sightseeing Tour
- Duffle Bag
- First Aid Kit
- Filter Drinking Water

- What's Not Included

- Personal expenses (phone calls, laundry, bar bills, battery recharge)
- Nepalese Visa fee
- Travel and Rescue insurance
- Lunch and dinner in Kathmandu and Pokhara
- Tips for Guide, Porter, and Driver
- Bills, Battery recharge
- International Airfare

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

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