



Ghorepani Poon Hill Trek

A legendary adventure to the foot of the world's highest peak.

● Trekking at a Glance

DURATION

9 Days

MAX ALTITUDE

3190m

BEST TIME

Mar - May & Sep - Nov

ACCOMMODATION

Teahouse / Lodge

THE OVERVIEW

The Ghorepani Poon Hill Trek is a short trek in the renowned Annapurna region. The trek's primary highlight is the chance to explore the beautiful villages of the Pokhara valley and hike to the famous Poon Hill station. The hill offers breathtaking Himalayan views of the Annapurna and Dhaulagiri Mountain ranges. Ghorepani, an ethnic Gurung village, is known for its rich culture and hospitality. This trek is a popular alternative to the Annapurna Base Camp Trek and leads to the northern part of the Pokhara valley, which is the starting point of the Annapurna Base Camp Trek. From Pokhara, you...

01

Arrival in Kathmandu

Arrive at Tribhuvan International Airport in Kathmandu, where you will be greeted by our representative and transferred to your hotel. After checking in, you will have the rest of the day at leisure to relax or explore the city. In the evening, we will conduct a pre-trek briefing to discuss the itinerary and trek details.

ALT: 1,400m MEAL: Breakfast

02

Tourist Bus Drive from Kathmandu to Pokhara

After breakfast, embark on a scenic 6-7 hour drive from Kathmandu to Pokhara, passing through beautiful countryside landscapes. Upon arrival in Pokhara, you will be transferred to your hotel for the night. The evening is free for relaxation or optional exploration of the Lakeside area.

MEAL: Breakfast

03

Jeep Drive to Nayapul, Trek to Ulleri

From Pokhara, you will take a 1.5-hour jeep ride to Nayapul, where your trek begins. After a short stop, start trekking to Ulleri, passing through small villages and terraced fields. Arriving in Ulleri, enjoy the peaceful surroundings and overnight at a local lodge.

HIKE: 5-6 hours MEAL: B, L, D

04

Trek from Ulleri to Ghorepani

Begin your day with a steady climb uphill through beautiful rhododendron forests, enjoying scenic views along the way. After several hours of trekking, you will reach Ghorepani, a popular village that sits at an elevation of 2850m. You will stay overnight at a lodge.

ALT: 2,850m HIKE: 5-6 hours MEAL: B, L, D

05

Trek to Poon Hill and Descend to Tadapani

Wake up early for the hike to Poon Hill (3190m), where you will enjoy panoramic views of the Annapurna and Dhaulagiri ranges at sunrise. Afterward, descend to Tadapani (2630m) for the night, passing through more forests and villages along the way.

ALT: 3190m HIKE: 6-7 hours MEAL: B, L, D

06

Trek from Tadapani to Jhinudanda

Enjoy a scenic trek down to Jhinudanda, a charming village near the hot springs. Take some time to relax and enjoy a dip in the natural hot springs before continuing your trek. Overnight at a local lodge.

ALT: 1700m HIKE: 5-6 hours MEAL: B, L, D

07

Trek from Jhinudanda to Pitam Deurali

Today, you will ascend through lush forests and small villages, arriving at Pitam Deurali (2100m). The village offers stunning mountain views and a peaceful atmosphere, making it an ideal place for an overnight stay at a lodge.

ALT: 2100m HIKE: 5-6 hours MEAL: B, L, D

08

Trek from Pitam Deurali to Dampus, Drive Back to Pokhara

Trek from Pitam Deurali to Dampus (3 hours) and then drive back to Pokhara. Explore the lakeside and visit Barahi Temple before staying in a hotel for the night.

ALT: 827m HIKE: 3 hours MEAL: B, L

09

Tourist Bus Drive to Kathmandu

Take a tourist bus back to Kathmandu for your return journey, and end the trek with a stay in a hotel.

ALT: 1,400m MEAL: Breakfast

END OF SERVICES

- What's Included

- All Airport Arrival – Departures. Transfers as per schedule in Nepal.
- Hotel Accommodations in Kathmandu with Breakfast (twin sharing).
- Teahouse / Lodge Accommodations During Trek (twin sharing) as per schedule.
- Meals During trek – Breakfast / Lunch / Dinner / Tea or Coffee per day.
- Kathmandu – Pokhara – Pokhara – Kathmandu Tourist Bus Transportation.
- Porters to carry your personal luggage (2 trekkers equal 1 porter).
- Guide and Porter insurance fee.
- Annapurna Conservation Park Entrance Fee.
- Kathmandu Sightseeing Tour.
- Duffle Bag.
- First Aid Kit.
- Filter Drinking Water.

- What's Not Included

- International Airfare.
- Nepalese Visa fee.
- Travel and Rescue insurance.
- Personal expenses (phone calls, laundry, bar bills, battery recharge).
- Lunch and dinner in Kathmandu and Pokhara.
- Tips for Guide, Porter, and Driver.

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

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