



Annapurna Base Camp Trek

A legendary adventure to the foot of the world's highest peak.

● Trekking at a Glance

DURATION

9 Days

MAX ALTITUDE

4130m

BEST TIME

Mar-Apr & Oct

ACCOMMODATION

Hotel, Tea House

THE OVERVIEW

Annapurna Base Camp Trek is one of the most popular treks in Nepal. The fascinating Annapurna massif includes the world's tenth highest peak. Annapurna I (8,091 m) hold an almost fatal attraction for mountaineers. Machhapuchhre, the 'fishtailed mountain', is revered by the Nepalese for its exquisite beauty. The trail takes you through a variety of vegetation. While trekking from Ghandruk to Chhomrong you are surrounded by rhododendron, fern, and bamboo. As you move higher up towards Deurali, the thick forests give way to tall grass. Around this area, you will find trees with thick bark called Daphne. This is used...

01

Arrival at Kathmandu / Transfer to Hotel

Arrive in Kathmandu, where our representative will meet you and transfer you to your hotel. You will have the rest of the day to relax and prepare for your adventure.

ALT: 1,400m

02

Drive from Kathmandu to Pokhara

After breakfast, you'll drive to Pokhara by tourist bus. The 6-7 hour drive offers beautiful views of the Trishuli River, terraced fields, and mountains. Upon arrival in Pokhara, you can relax or take a stroll along Phewa Lake.

ALT: 1,650m MEAL: Breakfast

03

Drive from Pokhara to Jenudhandha / Trek to Chhomrong

After breakfast, we drive from Pokhara to Jenudhandha (about 2 hours). From there, we begin our trek towards Chhomrong, a charming village. The trail will pass through terraced fields, rhododendron forests, and streams. Upon reaching Chhomrong, you'll enjoy incredible views of Machhapuchhre and the surrounding mountains.

ALT: 2,170m HIKE: 5 hours MEAL: Breakfast, Lunch, Dinner

04

Trek from Chhomrong to Bamboo

Trek through dense rhododendron forests, passing by streams and crossing several suspension bridges. As you continue ascending, the scenery becomes more tranquil, with fewer trekkers along the route. Arrive in Bamboo, a peaceful location surrounded by forests and mountains.

ALT: 2,310m HIKE: 5 hours MEAL: Breakfast, Lunch, Dinner

05

Trek from Bamboo to Deurali

Begin your trek to Deurali, where the forests start to thin and you will be greeted by wide, open alpine landscapes. The trek is a steady ascent, offering spectacular views of the surrounding peaks, including Hiunchuli and Annapurna South.

ALT: 3,200m HIKE: 5 hours MEAL: Breakfast, Lunch, Dinner

06

Trek from Deurali to Annapurna Base Camp

Today is the highlight of your trek as you reach Annapurna Base Camp at 4,130m. The trail leads through alpine meadows and rocky terrain. Once at the base camp, you'll be surrounded by towering peaks including Annapurna I, Machhapuchhre, Hiunchuli, and Gangapurna. Enjoy a 360-degree panoramic view of the Annapurna Massif.

ALT: 4,130m HIKE: 4 hours MEAL: Breakfast, Lunch, Dinner

07

Trek from Annapurna Base Camp to Upper Sinuwa

Begin your descent from Annapurna Base Camp to Upper Sinuwa. As you head downhill, you'll pass through Bamboo and Deurali, with more stunning views of the surrounding mountains. The day involves a long descent, but the terrain is manageable.

ALT: 2,540m HIKE: 7 hours MEAL: Breakfast, Lunch, Dinner

08

Trek from Upper Sinuwa to Jhinu Danda / Drive to Pokhara

Trek through Sinuwa and Chhomrong to Jhinu Danda, where you can relax and enjoy the natural hot springs. Afterward, you will drive back to Pokhara, marking the end of your trek.

ALT: 1,780m HIKE: 5 hours MEAL: Breakfast, Lunch, Dinner

09

Drive from Pokhara to Kathmandu

After breakfast, you will take a scenic 6-7 hour drive back to Kathmandu. The drive offers beautiful views and gives you one last chance to enjoy Nepal's natural beauty.

ALT: 1,400m MEAL: Breakfast

END OF SERVICES

- What's Included

- All Airport Arrival – Departures. Transfers as per schedule in Nepal
- Hotel Accommodations in Kathmandu with Breakfast (twin sharing)
- Teahouse / Lodge Accommodations During Trek (twin sharing) as per schedule
- Meals During trek – Breakfast / Lunch / Dinner / Tea or Coffee a day
- Kathmandu – Pokhara – Pokhara – Kathmandu Tourist Bus Transportation
- Porters to carry your personal Luggage (2 trekkers = 1 porter)
- Guide and Porter insurance fee
- Annapurna Conservation Park Entrance Fee
- Kathmandu Sightseeing Tour
- Duffle Bag
- First Aid Kit
- Filter Drinking Water

- What's Not Included

- International Airfare
- Nepalese Visa fee
- Travel and Rescue insurance
- Personal expenses (phone calls, laundry, bar bills, Battery recharge)
- Lunch and dinner in Kathmandu and Pokhara
- Tips for Guide, porter, and Driver

CERTIFIED & AUTHORIZED AGENCY

TAAN NMA NTB NEPAL GOVERNMENT

Ready for the adventure?

Contact our travel specialists to customize your trek experience or book your spot today.

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